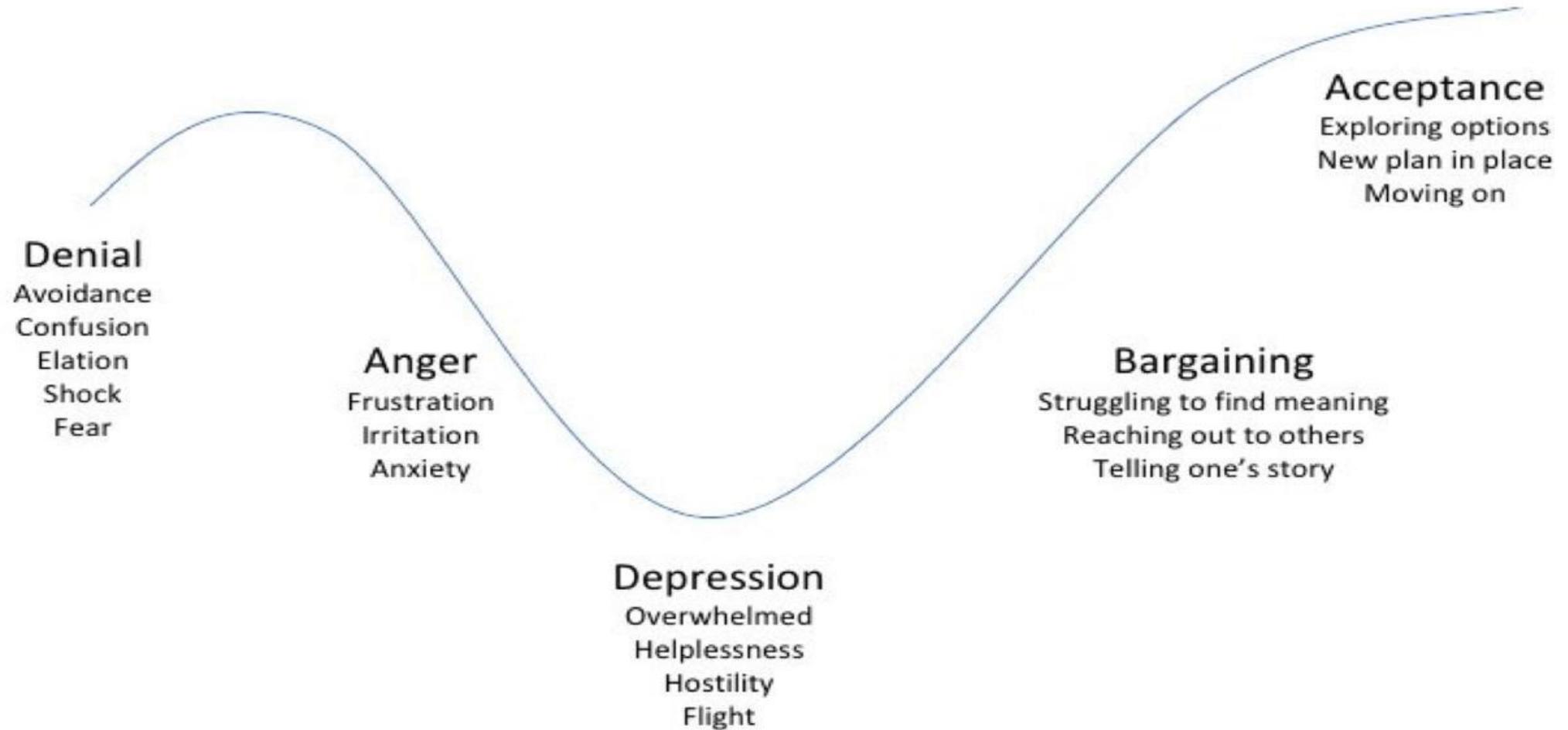


# PAIN and PLEASURE



# TAHAP-TAHAP MENGHADAPI PERUBAHAN



Information and  
Communication

Emotional Support

Guidance and  
Direction

